

SHOFAR

JANUARY - FEBRUARY 2013 • TEVET ADAR 5773

A LIFE FREE OF SHAME AND REPROACH: Thoughts on Rabbi Simkha Weintraub's Presentation

Rabbi Carolyn Braun

Much thanks goes out to Dana Robbins and our Adult Learning Committee for bringing Rabbi Simkha Weintraub, who serves as the Rabbinic Director of the National Center for Jewish Healing and the New York Jewish Healing Center, to our community. His presentations on November 2-3 on suffering and on shame were thought-provoking and insightful. Periodically, I take out his handouts and look them over for inspiration.

On Saturday afternoon Nov. 3rd, Rabbi Weintraub's presentation was entitled: "A Life Free of Shame and Reproach: Some Clinical and Jewish Spiritual Care Resources for Addressing the Reality of Shame." The idea for thinking and speaking about the issue of 'shame' came out of a support group Rabbi Weintraub led with people who had lost their jobs during the recession. Frankly, I had never thought much about the shame involved in losing a job. Rather, I focused on the more practical implications of a diminished income and lack of health insurance. I began to think how debilitating 'shame' can be. In fact, Rabbi Weintraub made a list of situations that are considered 'shameful' in our community and in our society: poverty, unemployment, not having children, not being married, mental illness, obesity... I'm sure each one of us can name another situation that feels shameful to us. Sometimes the community really doesn't place the shame, but rather, it is something inside of us or some message we have heard that says, 'I'm not good enough, I am not wealthy enough, I am not knowledgeable enough, etc.' Nevertheless, it is destructive and it impairs the ability of the person to get out of their situation.

Judaism is absolutely clear that we may not shame another. Our tradition teaches that we are not allowed to say or do anything to a person that will bring him or her shame. We can't bring up their past, if it was not an honorable past, we can't reproach a person in a way that will be shameful, we cannot tease or poke fun of someone if it might shame him or her. Our sages equate shaming another in public to shedding blood! It is that serious.

And yet, sometimes without even knowing it, or sometimes on purpose, we shame others.

>> continued on page 8

NEW MEMBERS

Welcoming BRUNCH



Sunday, January 13th
9:30-11:30 am

Temple Beth El Social Hall

Help us celebrate and welcome some of our newest members at a Sunday morning brunch.

A donation of \$5 per person or \$8 per couple is requested.

Please RSVP to the TBE office by Thursday, January 10th at 3:00 pm.

Email officeassist@tbemaine.org or call 774-2649 and let us know the number of people attending.



IN THIS ISSUE:

- 1 *A Life Free of Shame and Reproach*, by Rabbi Braun
- 1 New Member Welcoming Brunch
- 3 Message from our President Irwin Gratz
- 3 January - February Anniversaries
- 3 Meet TBE Kitchen Manager Josh Bach
- 4 Shabbat Today and Shabbat Tonight, by Dov Goldberg
- 4 Adult Education Class
- 4 Bar Mitzvah Gabriel Smestad
- 5 Yad L'Yad News
- 5 House Committee Update
- 5 Adult Education Update
- 5 Membership
- 6 Donations & Tributes
- 8 Oy Vey Café
- 9 Condolences, Todah Rabah, Mazel Tov
- 10 January - February Calendar
- 11 March Madness Yard Sale
- 11 Membership Business Directory

TEMPLE BETH EL'S MISSION

Our vision is to be an embracing, supportive and vibrant community which observes Judaism in the Conservative tradition and which is devoted to the perpetuation of Jewish values and culture. Temple Beth El honors the diversity of its members and is committed to their spiritual growth.



TEMPLE BETH EL

SCHEDULE OF SERVICES

All are welcome.

Monday through Friday	6:50 am
Friday evening Kabbalat Shabbat service	5:30 pm
Saturday (Shabbat) and Jewish holidays	9:30 am
Sunday	9:00 am
Secular holidays	8:30 am

EXECUTIVE COMMITTEE 2012-2013

President - Irwin Gratz

Leadership Team:

July-Sept. 2012 - Adam Arens

Oct.-Dec. 2012 - Jon Brier & Judy Gatchell

Jan.-March 2013 - Irwin Gratz & David Brenerman

April-June 2013 - Joan Levy

Vice Presidents - Adam Arens, Jon Brier & Joan Levy

Treasurer - Jon Brier

At Large: Barbara Dichter

Ex officio:

Rabbi Carolyn Braun

Jodi Veysey

TEMPLE BETH EL 2012-2013 BOARD OF DIRECTORS

Adam Arens	Jodi Freedman
Jon Brier	Irwin Gratz
Barbara Dichter	Judy Gatchell
Becky DeLois	Karen Lerman
David Brenerman	Joan Levy
Kate Foye	Fae Silverman

Rabbi Carolyn Braun

Dov Goldberg, *Director of Congregational Learning*

Jodi Veysey, *Administrative Director*

Anne Marie & Jeannine Poulin, *Administrative Assistants*

Sherri Quint, *Bookkeeper & TBE Memorial Park Administrator*

Deena Schoenfeld, *Communications & Special Events*

Bob Bradbury, *Custodian*

Rabbi Emeritus - Harry Z. Sky, D.D.

Cantor Emeritus - Kurt Messerschmidt

Shofar Design & Production - Deena Schoenfeld



THE RABBINICAL ASSEMBLY

MESSAGE FROM OUR PRESIDENT

Irwin Gratz



In my Kol Nidre remarks, I talked about how much of what Temple Beth El is and what it does is a result of the efforts of you, our members. Through committee meetings, phone calls and the occasional hour or two spent weeding, the activities of the Temple, from services, speakers, and Shabbat dinners to hospital visits, *shiva* meals, and so much more are accomplished.

In recent years, our Administrative Director, Jodi Veysey has successfully lowered our overhead expenses. You see it in the new, energy efficient lighting in the Social Hall. Other changes in purchasing and staffing have also brought down costs, saving our Temple thousands of dollars.

But all of this work carries us only so far. We still need to raise enough money to pay our clergy and professional staff, utilities, and other expenses related to our operations and our building. A major portion of that funding comes from Temple dues. To increase our revenue, we need to increase Beth El's membership.

To do this, your leadership has appointed a new membership committee that will be chaired by the the always-enthusiastic Karen Lerman. They will work at recruiting new dues-paying members. However, we believe our current dues structure is posing too high a barrier to people who might otherwise become members; it may also be driving away some longtime members. So, we are looking to create a different structure for dues and membership that we hope to roll out next year. But both of these initiatives will not yield results in the short term. To make membership more affordable in the short-term and to increase the Temple's revenue, we have begun a campaign to ask members, who are able, to consider a three-year pledge over-and-above their total current giving to the Temple. Our goal is to raise \$30,000 per year for a scholarship fund. The fund will compensate for those who are unable to afford paying full membership dues. This will strengthen our bottom line and allow us to make a smooth transition to the new dues structure we'll be developing for the years ahead.

In the end, our Temple, by its nature, is what we make it: a welcoming community of Jewish people practicing our faith, educating our young, and reaching out to the wider world of Maine and beyond. I thank the many of you who already give of your time, effort and dollars to these ends. And I thank, in advance, those of you I know will step up as we ask again in the months ahead. ■

MAZEL TOV

מזל טוב

JANUARY ANNIVERSARIES

- 2 John Riley and Carolyn Turcio-Gilman
- 6 Joe Manning and Linda Jacobs
- 7 Richard and Adele Mack
- 15 Charlie and Eddy Dibner
- 24 Michael and Harriet Turkanis
- 29 Gil and Marilyn Praver

FEBRUARY ANNIVERSARIES

- 12 Jerry and Mary Carp
- 13 David and Lynne Unger
- 14 Bill and Denise Swyers
- 15 George and Bobbie Gordon
- 25 Rena and Michael Becker
- 26 Larry Brown and Sandi Goodman Brown

MEET THE TBE STAFF

Josh Bach

Please welcome Josh Bach, TBE's new Kitchen Manager.

Josh has many years of experience in kitchen management and food preparation, having worked in several area restaurants.

Josh maintains our professional grade kitchen, ensuring it meets high standards of cleanliness, organization and efficiency. Whether preparing our weekly kiddushes or creating specialty dishes for holidays or TBE events, Josh always has something delicious and flavorful to offer.

SHABBAT TODAY & SHABBAT TONIGHT

Dov Goldberg, Director of Congregational Learning



There is a well-known quote from Zionist thinker Ahad Ha'am that "more than the Jews have kept Shabbat, Shabbat has kept the Jews." Many of us have fond Shabbat memories, maybe from a grandparent's home or a special occasion. Often these Shabbat experiences have influenced our

Jewish identities, frequently without our appreciating the subtle impact on our Jewishness. But, personal experiences can't be passed on. So, our new Kadima Beth El religious school program has instituted two monthly Shabbat experiences, open to the entire community, where new Shabbat memories can be created.

Shabbat HaLaila (Tonight)!

On the first Friday evening of each month we hold a special Family Service and Community Shabbat Dinner. Shabbat evening services begin at the regular 5:30 pm. They are our usual services, just a bit extra sensitive to and encouraging of the participation of families and children. Then at about 6:30pm we have a festive and relaxed community Shabbat dinner. We eat, we sing, we schmooze, and we create wonderful Shabbat memories. So, join us the first Friday of each month for a wonderful Shabbat time!

Shabbat HaYom (Today)!

On the third Saturday morning of each month Rabbi Braun leads the "Rabbi's Torah Circle for Kids." At about 10:30 am when the Torah service begins, the kids help as we parade the Torah from the Ark. Then, while the congregation continues with the Torah reading and Haftarah, the rabbi and the children head off for their own Shabbat Torah experience. They sing, pray, talk Torah, and snack having a special, fun time with the rabbi. Then, they rejoin the congregation in time to carry the Torah back around and return it to the Ark around 11:30 am. Shabbat HaYom is an opportunity to create positive memories of Shabbat and Torah. And for those who can stay, services conclude with Kiddush refreshments around noon. The Rabbi's Torah Circle for Kids is open to the entire community and to all ages! ■

TBE ADULT EDUCATION CLASSES

Please join us for this free course. All are welcome. Sign up through the TBE office - email officeassist@tbemaine.org or tel. 774-2649.

Prayerbook Hebrew with Rabbi Braun

Sundays, from 9:45 to 10:45 am

Jan. 6, Jan. 13*, Jan. 27, Feb. 3, Feb. 10, March 3, March 10, March 17

*Jan. 13 class held from 11:00 am - 12:00 pm, due to the TBE New Members Brunch.

Shema Yisrael Adonai Elohenu Adonai Ehad

You may be able to read the phrase above in Hebrew, but do you know what it means? There are actually two ways to read the third and fourth words:

- As a noun phrase: 'Hear Israel, Adonai our God, Adonai is one,' or
- As a noun sentence: 'Hear Israel, Adonai is our God, Adonai is one'

Focusing on the siddur (our prayer book), we will learn enough Hebrew grammar and vocabulary to deepen our understanding of the prayers we recite regularly. The text we will use is *Prayerbook Hebrew The Easy Way*, published by EKS Publishing.

BAR MITZVAH

Gabriel Smestad



Janine and Gregory Smestad invite the congregation to join them as their son, Gabe, celebrates his Bar Mitzvah on March 2, 2013. All are welcome to the Kiddush luncheon following services.

For my Bar Mitzvah, I have taken on a tzedakah (charity) project of raising awareness and requesting donations to support Yad LaKashish.

Yad LaKashish: Lifeline for the Old is a non-profit organization empowering and supporting over 300 elderly and disabled Jerusalem residents on a daily basis. Yad LaKashish provides a creative work environment and invaluable support services, giving the elderly a sense of purpose and community as well as financial assistance.

I have visited Yad LaKashish in Jerusalem, twice! It is a special place. On my last visit, in February 2012, I found my tallit, which was decorated by hand by elderly artisans, while I toured their workshop. I invite you to visit their website: www.lifeline.org.il

Please consider making an on-line donation in honor of my Bar Mitzvah, or a check payable to:

Friends of Yad LaKashish -
Lifeline for the Old
P.O. Box 494
Englewood, NJ 07631

Today Rabah - thank you!

~ Gabe

YAD L'YAD - TBE's Caring Committee

Becky DeLois, Yad L'Yad Committee Chair

As I sit here typing this report in early November, I am wondering where did our mild autumn go? I hope you are doing well even if it's gray and cold outside. By the way, TBE's Yad L'Yad is here to help cheer anyone who may be housebound and is finding it lonely during the darker and colder months. Please remember to give me, Becky DeLois a call at 899-4068 if you or a family member need some help with errands, desire a friendly visit on a regular basis, or just want to hear a friendly voice on the phone. Yad L'Yad is filled with kind and willing people who are ready to extend their hands to you.

Meanwhile, I want to welcome three new members and great additions to the Yad L'Yad committee- Gerry Gordon, Lisa Schiffman, and Isabelle Cohen Johnson. Gerry is already alternating with Steve Shapiro, making friendly visits to a person in our TBE family. Lisa helped me put our welcome gift bags together and has donated small bottles of kosher grape juice as part of the treats given to new temple members. Though not a new member of Yad L'Yad, Lynn Goldfarb has offered to fill the new member gift bags with a bottle of Manischewitz wine. Isabelle generously made the Shabbat *kiddush* a few weeks ago in honor of Yad L'Yad. Thank you all for jumping right in doing such thoughtful *mitzvot* (good deeds) and thank you to the rest of this wonderful group who is always at the ready to be of service to do the good things you so willingly do.

Have a safe and healthy winter when it comes knocking all too soon at your door! ■

HOUSE COMMITTEE UPDATE

Dan Gatchell, House Committee Chair

The House Committee coordinated or executed the following building repairs and property maintenance:

1. Repaired roof drains. (Waltz Plumbing). No leaks after recent rainstorm/Hurricane Sandy!
3. It was reported that the security lights along roadside of the Levey Day School wing had water in them and a few extinguished. Repaired by ABC Electric.
4. Tree trimming on Devonshire Street side to prevent leaves from falling and blowing onto roof thus clogging roof drains. Trimmed dead branches from other trees and cleaned up fallen branches after storm by (David Bullard).
5. Fire extinguisher in boiler replaced with new one, by Firesafe Equipment.
6. Added an additional door sweep to TBE center door from circular driveway entrance to prevent cold drafts.
7. Installed heat shrink plastic to windows in Rabbi's office, the conference room, and the front office to help prevent heat loss. ■

ADULT EDUCATION

Dana Robbins, Adult Jewish Learning Committee Chair

Joan Barkin resigned as chairperson and Dana Robbins was elected to take her place. Many thanks to Joan and Jeff Barkin for all their hard work. The committee is understaffed at present and would welcome new members to help out so that we can continue to provide stimulating and meaningful programming. Let the office know if you are interested or contact Dana.

In the first week of November, the Adult Education Committee sponsored a Shabbaton with visiting scholar, Rabbi Simkha Weintraub who applied rabbinic and psychological wisdom to the topics of "Jewishly Reaching Out to Those Who Suffer," and "A Life Free from Shame and Reproach." Feedback from the Shabbaton weekend has been extremely positive.

Please join us on Sunday, January 27th from 2:00 to 4:00 pm for **Second Generation – First Person: History, Memory, and Poetry with Anna Bat-Chai Wrobel**, a program on Holocaust history and second generation poetry, in observance of United Nations International Holocaust Remembrance Day and the anniversary of the Liberation of Auschwitz-Birkenau. Anna is the daughter of partisan/soldier/survivors, an American historian and teacher, a Holocaust Studies educator, and a poet. Her *Shoah* poetry is in use by teachers in the U.S., Poland, and Israel. Anna published *Marengo Street (Selected Poetry)* in 2012 and is currently at work on a new book, *Sparrow Feathers*, from which this presentation is taken. Original poetry of second generation witnesses, within the context of interdisciplinary Holocaust Studies, will be the springboard for inquiry-based dialogue and discussion. All are welcome. ■

MEMBERSHIP

Karen Lerman, Membership Committee Chair

TBE's Membership Committee has several fun events planned for the new year. Whether you enjoy schmoozing, socializing or shopping, we've got something for everyone:

NEW MEMBERS WELCOMING BRUNCH

Sunday, January 13th, 9:30 - 11:30 am

Help us celebrate and welcome some of our newest members.

OY VEY CAFÉ WITH A 60'S TWIST

Saturday, March 9th, 7:30 - 10:00 pm

Enjoy an evening of music and mirth with performers from our congregation! Prizes for the best performers and 60's costume!

Mark your calendars! Clean out your closets! It's time for

TBE'S MARCH MADNESS YARD SALE!

Sunday, March 17th, 8:00 am - 2:00 pm

"Pass Over" your items for the sale! Start your spring cleaning now and save your gently used items to donate to our sale. We are also looking for donations of new items, hand crafted goods or gift certificates to local stores or restaurants. Please contact the TBE office to discuss your donation.

See pages 1, 8 and 11 for more details.

Please join us! All are welcome! ■

BROTHERHOOD

Phil and Elizabeth Levinsky
In memory of Jacob N. Levinsky

Phil and Elizabeth Levinsky
In memory of Harry Zaitlin

Phil and Elizabeth Levinsky
*In honor of Ernie & Diana Sturman's
 70th anniversary*

Phil and Elizabeth Levinsky
*In honor of Dick & Adele Mack's
 70th anniversary*

Matt and Lynn Goldfarb
In memory of Frances Goldfarb

Matt and Lynn Goldfarb
In memory of Samuel Goldfarb

Phil and Elizabeth Levinsky
Speedy recovery Marilyn Sherry

KOOCHER/ROBINOV FUND

Jackie Robinov *In memory of Ida Robinov*

Ethel Koocher *In memory of Ben Romanow*

Jackie Robinov
In memory of Esther Bookbinder

Jackie Robinov
In memory of Marilyn Bookbinder

RABBI'S DISCRETIONARY FUND

Joel and Jayne Gordon
In thanks for the warm welcome

Harvey and Kathy Silverman
In memory of Tobie Kaplan

Harvey and Kathy Silverman
In memory of Rebecca Silverman

Charlie Young *In memory of Russ Bornstein*

Brian and Connie Goldberg
In honor of Jacob Goldberg's Bar Mitzvah

Charlie Young
*In honor of Ernie & Diana Sturman's
 70th anniversary*

Joe and Debbie Bornstein
In memory of Russ Bornstein

Susan Fine *In memory of Jerry Fine*

Charlie Young *In memory of Jennie Young*

EDUCATION DISCRETIONARY FUND

Brian and Connie Goldberg
In honor of Jacob Goldberg's Bar Mitzvah

EDWARD WEISBERG FUND

Rita Weisberg
*In honor of Diana & Ernie Sturman's
 70th anniversary*

Mark Kiefner and Nancy Bogg
In memory of Harry & Sally Bogg

Phil and Elizabeth Levinsky
In memory of Russ Bornstein

Rita Weisberg *In memory of Judith Benjamen*

Rita Weisberg *In memory of Russ Bornstein*

Rita Weisberg *In memory of Ben Romanow*

GENERAL FUND

Charlotte Farber *In honor of Ernie & Diana
 Sturman's 70th anniversary*

Joyce Freedlander *In honor of Ernie & Diana
 Sturman's 70th anniversary*

Mary Goulding *In honor of Ernie & Diana
 Sturman's 70th anniversary*

Richard and Adele Mack
*In honor of Ernie & Diana Sturman's 70th
 anniversary*

Murray and Shirley Rosen *In honor of Ernie
 & Diana Sturman's 70th anniversary*

Murray and Shirley Rosen
In honor of Harvey Cole's 85th birthday

Paul and Susan Trusiani
*In honor of the birth of Amy & Marshall
 Tinkle's granddaughter, Alice*

Paul and Susan Trusiani *In honor of Ernie
 & Diana Sturman's 70th anniversary*

Scott Black *In memory of Louis Black*

Elaine Brown *In memory of Roger Smith*

James and Martha Burns
In memory of Gail B. Pelletier

Brona Cohen *In memory of
 Alex & Gertrude Kauffman*

Abe and Tama Fineberg *In honor of
 Ernie & Diana Sturman's 70th anniversary*

Ellen Froncek *In memory of Tom Froncek*

Ellen Froncek
In memory of Nora & Bernard Kahn

Oscar Gottschalk *In memory of Nathan Feiner*

Oscar Gottschalk
In memory of Hilda Rothschild

Oscar Gottschalk
In memory of Gussy Gottschalk

Leonard and Anne Kovit
In memory of Jack Greenberg

Leonard and Anne Kovit
In memory of Dorothy Greenberg

Larry and Joan Levy *In memory of Carl Remar*

David and Elaine Lewis
In memory of Bertha "Betty" Silverman

Martin, Anita, and Murray Mack
In memory of Philip Mack

Irene Mack *In memory of Ruth Abramson*

Irene Mack *In memory of Philip Mack*

Irene Mack *In memory of Estelle Brooks*

Irene Mack *In memory of Tina Fineberg*

Richard and Adele Mack
In memory of Morris Cohen

Patrick and Jackie Maidman
In memory of Jonathan Lazrus

Charlie and Ellie Miller
In memory of Florence Shanen

Penny, Tony and Eliot Rich
In memory of their beloved mom, Edythe Rich

Ed and Harriet Schultz
In memory of William Baumgarten

Jack and Carol Simensky
In memory of Stella Simensky

Karen Stray-Gundersen
In memory of Jacob Shapell

Paul and Susan Trusiani
In memory of Helene Neufeld

Anita Weiner *In memory of Gussy Gottschalk*

Norm and Judy Wilson
In memory of Barbara Berenson

Abe and Tama Fineberg
In memory of Russ Bornstein

Norm and Judy Wilson
In memory of Herbert "Lenny" Greenblatt

Paul and Susan Trusiani
Speedy recovery Phyllis Dunitz

Dick and Adele Aronson *In honor of
 Maurice & Phyllis Cohen's granddaughter,
 Sydney becoming a Bat Mitzvah*

Ed and Sheila Doctoroff
*In honor of Ernie & Diana Sturman's
 70th anniversary*

Dick and Adele Aronson
In memory of George Shur

Michael Clenott
In memory of Martin H. Clenott

Jim and Bonnie Klein
In memory of Jonas B. Klein

Stuart and Carole Potter
In memory of Yoland Potter

Rodger and Eydie Pryzant
In memory of Jack Pryzant

Irvin Shapell *In memory of Jacob Shapell*

Murray and Shirley Rosen
Speedy recovery Rose Guntz

HEBREW SCHOOL

Debbie Kanter
In honor of Charlotte Farber's 90th birthday

Shirley Levine
*In honor of Ernie & Diana Sturman's
 70th anniversary*

Harvey and Sara Berman
In memory of Esther Zimmerman Kantor

Harvey and Sara Berman
In memory of Yona Meyer Kantor
 Harvey and Sara Berman
In memory of Russ Bornstein
 Debbie Kanter *In memory of Russ Bornstein*

KULANU CONTRIBUTION

Steve and Chichi Levine
In memory of Herman Wiener

TEMPLE BETH EL MEMORIAL PARK

Alvin Jolovitz *In memory of Barnet Jolovitz*
 Pearl Levine *In memory of Bertha Malkin*
 Murray and Shirley Rosen
In memory of Russ Bornstein
 Pearl Levine *In memory of Samuel Kaufman*
 Pearl Levine *In memory of Morris Kaufman*

MUSIC FUND

Leah Cohen *In memory of Barbara Berenson*
 Leah Cohen *In memory of Miriam Kaatz*
 Morton and Esther Gold
In memory of Hazzan Leon Gold
 Dick and Adele Aronson
In memory of Herbert "Lenny" Greenblatt
 Dick and Adele Aronson
In memory of Betty Silverman

TECHNOLOGY FUND

Matt and Lynn Goldfarb
In honor of Tom Berman

Yahrzeit Fund

Stephen and Susan Abramson
In memory of Ruth Abramson
 Ken and Chris Astor
In memory of David Astor
 Ron and Gaye Blumenthal
In memory of Dorothy Cohen
 Mark and Ellen Bramson
In memory of Morris Mappen
 Mark and Ellen Bramson
In memory of Fannie Mappen
 Sharon Bresler
In memory of Leonard Joachim
 Marjorie Chandler
In memory of Nathan & Rose Chandler
 Marjorie Chandler
In memory of Joseph Chandler
 Marjorie Chandler
In memory of Dora & Leo Wine
 Esther Chorney *In memory of Nathan Chorney*
 David and Janis Cohen
In memory of Bertha Cohen

Charlotte Farber
In memory of Yetta Zimmerman
 Charlotte Farber
In memory of Zella & Charles Farber
 Joyce Freedlander *In memory of Ida Shrago*
 Joyce Freedlander
In memory of Donald Freedlander
 Al and Judy Glickman
In memory of Louise Ellis
 Edward Goldman
In memory of Carlene R. Goldman
 Marcelle Gorrivan
In memory of Zahra Sousane
 Helen Isenman and Susan Isenman
In memory of John W. Isenman
 Jim and Bonnie Klein
In memory of Jerry Schulman
 Susan Leonard *In memory of Ruth Abramson*
 Eric Mack *In memory of Gloria Jacobs*
 Eric Mack
In memory of Frances Weisberg Mack
 Roberta and John McMahon
In memory of Anna L. Miller
 Minna Noone *In memory of Carol Davidson*
 Sam and Bette Novick
In memory of Jack Novick
 Sam and Bette Novick
In memory of David Astor
 Sam and Bette Novick
In memory of Alex Stern
 Eddie Richman *In memory of Toba Richman*
 Barry and Lori Saltz
In memory of Mildred Shulman
 Barry and Lori Saltz
In memory of Adrienne Saltz
 Stephen and Lisa Schiffman
In memory of Beala Stark Schiffman
 Helen Schwartz *In memory of Adam Schwartz*
 George Shur *In memory of Clarice Geller Shur*
 Janet Shur *In memory of Clarice Shur*
 Janet Shur *In memory of Barney Shur*
 Jack and Carol Simensky
In memory of Daniel Griff
 Andre and Daniela Skalina
In memory of Julia Skalina
 Sid and Sue Steinkeler
In memory of Samuel Bailin
 Ernest and Diana Sturman
In memory of Madeline Sturman
 Andrew Freedman and Arlie Sulka
In memory of Florine Sulka
 John Riley and Carolyn Turcio-Gilman
In memory of Thelma Gould

Ernie and Toby Wallach
In memory of Ludwig Stern
 Diane Albert-Perlin and Mark Perlin
In memory of Esther Albert
 Ron and Gaye Blumenthal
In memory of Donald Cohen
 Nora Ciffer
In memory of Ana & Avram Coman
 Nora Ciffer *In memory of Mihai Ciffer*
 Lenny and Patti Drapeau
In memory of Samuel I. Burokoff
 Norma Elowitch
In memory of Gussy Gottschalk
 Mark and Norma Filler
In memory of Jack Leveille
 Stu and Carol Gilbert
In memory of Julius Brecher
 Joel and Diana Gold
In memory of Beatrice Gold
 Honey Goldman
In memory of Bernard Hecht
 Helen Isenman and Susan Isenman
In memory of Sarah Leah Isenman
 Helen Isenman and Susan Isenman
In memory of Maurice Levin
 Ted and Perla Kimball
In memory of Pearl Holzman
 Ivan and Sue Most
In memory of Forrest Sheinwald
 Ivan and Sue Most
In memory of Alfred Sheinwald
 Eleanor Ostrovitz
In memory of Ann Rosenbloom
 Eleanor Ostrovitz
In memory of William Silverman
 Eleanor Ostrovitz
In memory of Ethel H. Kaplan
 Eddie Richman *In memory of Freda Richman*
 Ed and Harriet Schultz
In memory of Sarah Simonds
 Ernie and Toby Wallach
In memory of Herman Wallach

Oy Vey Café

with a
60's Twist

Saturday, March 9th
7:30-10:00 PM

Temple Beth El
Social Hall

400 Deering Avenue, Portland

• Journey back to the coffee houses of the 1960's

• Enjoy an evening of music & mirth

• Performers and guests are encouraged
• to dress for the era

Performers:

• Sign up now to reserve your place in the spotlight.
• Only 10 performance spots available!

• Registration Deadline: Friday, March 1st at 12:00 noon

• Admission: \$5/person, \$8/couple

• Includes: Coffee • Tea • Soda • Popcorn & Other Munchies

• Prizes for 1st • 2nd • 3rd place performances
• Special Prize for best 60's outfit!

• RSUP by Tuesday, March 5th

• to the TBE office - officeassist@tbemaine.org, 774-2649.

A LIFE FREE OF SHAME & REPROACH

continued from page 1

I loved this story from Talmud (*Sanhedrin* 11a) that Rabbi Weintraub taught:

It once happened that Rabban Gamaliel addressed the members of his court and said: "Send me up seven [scholars] early in the morning to the upper chamber discuss whether the year shall have an additional month." When he came down in the morning and found eight, he asked: "Who is he who has come up without permission? Let him go down." Thereupon, Samuel the Little arose and said: "It was I who came up without permission; my object was not to join in the intercalation, but because I felt the necessity of learning the practical application of the law." Rabban Gamaliel then answered, "Sit down, my son, sit down; you are worthy of intercalating all years [in need of such], but it is a decision of the Rabbis that it should be done only by those who have been specially appointed for the purpose."

But in reality it was not Samuel the Little [who was the uninvited member] but another; he only wished to save the intruder from humiliation.

continued >>

>> What is happening in this story? Rabban Gamaliel is the highest rabbinic authority. He asks for seven rabbis to join him to determine the calendar for the year - a most important act since it determines when the holidays are to take place. Someone extra shows up and he intends to expose him by asking him to leave. Talk about shame and embarrassment. But Samuel the Little (note how ironic his name is in this situation) prevents the 'offender' from humiliation by placing himself in Gamaliel's sight. He puts himself in 'harms way' for the benefit of a colleague, no doubt less important than him.

How many of us would do what Samuel the Little did? How many of us take this notion of shaming another as seriously? I can't help but think that if we did, our public discourse would be kinder, our institutions stronger and our communities better able to work towards our shared ideals. Imagine what it would be like for all of us to feel empowered? Imagine what it would be like if we truly saw the God-spark in every person. As I write this, the elections are finally over. Some mud-slinging has ended, but the residue lasts. Unfortunately, it lasts for a long time. When will we stop? It can begin with us! ■

CONDOLENCES

To the Rubinstein family - Neil and Phyl, Ari, and Gabriel, on the passing of Phyl's father, Lenny Greenblatt, on Sunday, October 21, in Stoneham, MA.

To the Bornstein family - Joe and Deborah, on the passing of Joe's father Leon Russell Bornstein, known as Russ by all who loved him, on November 2, in the peaceful surroundings of his home at the Osher Inn at Cedars. Russ was predeceased by his adoring wife of 66 years, Beatrice Lane Bornstein. He was also predeceased by his sister, Rita Bornstein Binder. He is survived by his three children, and six grandchildren.

To the Abramowitz family - Paul, Adrienne and Jill, on the passing of Paul's father Irving Abramowitz on Wednesday, November 7, in Bronx, NY.

To the family and friends of George M. Shur, who passed away on Sunday, November 25 in Illinois. George was the son of previously long time TBE members, Barney and Clarice Shur and sister of Janet Shur.

TODAH RABAH

To Karen Lerman for the delicious array of pastries that she brought in for the TBE office!

To the TBE Board of Directors for sending a delicious Edible Arrangement of fruit to the TBE staff.

To Joan Levy for all of her help and hard work in organizing and preparing the October Community Shabbat Dinner - from Sharon Craig, Laura Keller and Janine Smestad.

To Tom Berman for taking down the TBE Sukkah.

To Tim and Laura Keller for sponsoring the Oneg Shabbat on Friday night, October 26th, in honor of their son Ben's Bar Mitzvah

To Maurice Leavitt for making sushi and tempura with the USY Teen group.

To Ross Goldberg and Rorie Lee for watering the TBE plants.

To the volunteers who helped coordinate, organize and prepare our Community Shabbat Dinner and Scholar in Residence program with Rabbi Simkha Weintraub on Friday evening, Nov. 2: Dana Robbins, Steve Gleit, Joan Levy, Karen, Geoff, Zach and Emma Hindall, Laura Piltch, Judy Gatchell, Laura Keller, Isabelle Cohen Johnson, and Andrea Kornblum.

To Matt and Lynn Goldfarb for sponsoring the Oneg Shabbat on Friday night, November 9th, in memory of their parents, Frances and Samuel Goldfarb, Evelyn and Daniel Kasen, and Dr. Manfred Kraemer.

To Karen Lerman for treating the TBE staff to delicious veggie pizzas!

To Jeri, Benjamin and Baxter Brem for sponsoring the Oneg Shabbat on Friday night, November 16th, in memory of Jeri Brem's beloved parents, George and Adeline Baer Fleischer.

To Adam Johnson and Isabelle Cohen Johnson for sponsoring the Kiddush on Saturday, November 17th, in honor of Andrea Kornblum.

To Sam and Bette Novick and to Rose Novick for sponsoring the Oneg on Friday, November 23rd, in memory of Sam's father and Rose's husband, Jack Novick.

To Dan Gatchell and Cliff Kucine for winterizing the windows in the TBE office.

To Jon & Jodi Freedman for the big bowl of delicious clementines for the TBE office staff.

To Paul & Sarah Muscat for sponsoring the Kiddush on Saturday, December 15th, in honor of the 40th anniversary of Paul's Bar Mitzvah.

To the volunteers who helped with the Community Shabbat Dinner on Friday, December 7th: Joan Levy, Laura Keller and Carmela Soto.

To all those who helped make our Chanukah party a great success:
- Joan Levy and Judy Gatchell for leading the party coordination and volunteer effort
- Karen and Alan Lerman for sponsoring in part the Chanukah party in honor of Eddy Dibner
- Karen Lerman for coordinating the decorating effort
- Our fabulous "Hanukkah Helpers" who made our party a success, by helping with food purchasing, potato peeling, latke prep and frying, soup preparation, cake baking, room set up, food service, and event clean-up:
Rena Becker, Jamie Berg, Tom Berman, Jon Brier, Sarah Darhower, Becky DeLois, Barbara Dichter, Ginny Eklund, Patricia Finkelstein, Collin Foye, Kate Foye, Jodi Freedman, Jon Freedman, Sam Freedman, Judy Gatchell, Irwin Gratz, Karen Hindall, Zach Hindall, Isabelle Cohen Johnson, Sarah Legendre, Karen Lerman, Joan Levy, Paul Muscat, Barbara Peisner, Laura Piltch, Clara Purinton, Terry Veysey, and Judy Wilson.

MAZEL TOV

To Ben Keller and his family on the occasion of his Bar Mitzvah.

To Charlotte Farber on the occasion of her 90th birthday!

To Diana and Ernest Sturman on the occasion of their 70th anniversary!

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JANUARY

Tuesday, Jan. 1	New Year's Day TBE office closed Morning Minyan
8:30 am	
Friday, Jan. 4	Shabbat Candle lighting time Family Kabbalat Shabbat services Community Shabbat Dinner
4:00 pm	
5:30 pm	
6:15 pm	
Saturday, Jan. 5	Shabbat services Havdalah time
9:30 am	
5:09 pm	
Sunday, Jan. 6	Morning Minyan, Schmooze & Shmear Kadima Beth El Religious School Adult Ed Class with Rabbi Braun: Prayerbook Hebrew
9:00 am	
9:45 am	
Tuesday, Jan. 8	Executive Committee Meeting
6:00 pm	
Friday, Jan. 11	Shabbat candle lighting time Kabbalat Shabbat services
4:08 pm	
5:30 pm	
Saturday, Jan. 12	Shabbat services Havdalah time
9:30 am	
5:17 pm	
Sunday, Jan. 13	Morning Minyan, Schmooze & Shmear Kadima Beth El Religious School New & Prospective Member Brunch Adult Ed Class with Rabbi Braun: Prayerbook Hebrew
9:00 am	
9:30 am	
11:00 am	
Tuesday, Jan. 15	TBE Board Meeting
5:30 pm	
Friday, Jan. 18	Shabbat candle lighting time Kabbalat Shabbat services
4:16 pm	
5:30 pm	
Saturday, Jan. 19	Shabbat services <i>Shabbat HaYom</i> Kids Torah Circle Havdalah time
9:30 am	
10:30 am	
5:25 pm	
Sunday, Jan. 20	NO KADIMA BETH EL Morning Minyan
9:00 am	
Monday, Jan. 21	Martin Luther King Jr. Day TBE office closed Morning Minyan
8:30 pm	
Friday, Jan. 25	Erev Tu B'shevat Shabbat candle lighting time Kabbalat Shabbat services
4:25 pm	
5:30 pm	
Saturday, Jan. 26	Tu B'shevat Shabbat services Havdalah time
9:30 am	
5:35 pm	
Sunday, Jan. 27	Morning Minyan, Schmooze & Shmear Kadima Beth El Religious School Adult Ed Class with Rabbi Braun: Prayerbook Hebrew Kadima Beth El <i>B'Yachad</i> Activity
9:00 am	
9:45 am	
11:00 am	

FEBRUARY

Friday, Feb. 1	Shabbat candle lighting time Family Kabbalat Shabbat services Community Shabbat Dinner
4:35 pm	
5:30 pm	
6:15 pm	
Saturday, Feb. 2	Shabbat services Havdalah time
9:30 am	
5:44 pm	
Sunday, Feb. 3	Morning Minyan, Schmooze & Shmear Kadima Beth El Religious School Adult Ed Class with Rabbi Braun: Prayerbook Hebrew
9:00 am	
9:45 am	
Friday, Feb. 8	Shabbat candle lighting time Kabbalat Shabbat services
4:44 pm	
5:30 pm	
Saturday, Feb. 9	Shabbat services Havdalah time
9:30 am	
5:54 pm	
Sunday, Feb. 10	Morning Minyan, Schmooze & Shmear Kadima Beth El Religious School Adult Ed Class with Rabbi Braun: Prayerbook Hebrew Kadima Beth El <i>B'Yachad</i> Activity
9:00 am	
9:45 am	
11:00 am	
Tuesday, Feb. 12	Executive Committee Meeting
6:00 pm	
Friday, Feb. 15	Shabbat candle lighting time Kabbalat Shabbat services
4:54 pm	
5:30 pm	
Saturday, Feb. 16	Shabbat services Havdalah time <i>Shabbat HaYom</i> Kids Torah Circle
9:30 am	
6:03 pm	
10:30 am	
Sunday, Feb. 17	NO KADIMA BETH EL (February break) Morning Minyan
9:00 am	
Monday, Feb. 18	Presidents Day - TBE office closed Morning Minyan
8:30 am	
Tuesday, Feb. 19	TBE Board Meeting
5:30 pm	
Friday, Feb. 22	Shabbat candle lighting time Kabbalat Shabbat services
5:03 pm	
5:30 pm	
Saturday, Feb. 23	Erev Purim Shabbat services Havdalah time Purim Celebration & Megillah Reading
9:30 am	
6:12 pm	
7:00 pm	
Sunday, Feb. 24	Purim - NO KADIMA BETH EL Morning Minyan Purim Brunch Celebrating Our 90+ Year Old Members
9:00 am	
11:00 am	
MARCH	
Friday, March 1	Shabbat candle lighting time Kabbalat Shabbat services & Gabe Smestad Bar Mitzvah
5:12 pm	
5:30 pm	
Saturday, March 2	Shabbat services & Gabe Smestad Bar Mitzvah Havdalah time
9:30 am	
6:22 pm	

Dates and times are subject to change. Please see our weekly announcements or our website www.tbemaine.org for current information.

Mark your calendars! Clean out your closets!

TBE's
"MARCH MADNESS"



SUNDAY, MARCH 17th
8:00 am - 2:00 pm

- Clothing
- Linens
- Jewelry
- Kitchen Goods
- Furniture
- Hand Crafted Items
- Gift Certificates
- Children's Games & Toys
- Kosher for Passover
Candies & Foods

Enjoy the Festivities:

- Music
- Special Guests
- Hourly Raffles
- Box Lunches for Sale

**"Pass Over" Your Items
for the Sale!**

Start your spring cleaning now and save your gently used items to donate to our sale.

We are also looking for donations of new items, hand crafted goods or gift certificates to local stores or restaurants.

Please contact the TBE office at any time to discuss your donation at 774-2649.

MEMBERSHIP BUSINESS DIRECTORY

Support our members

Need a car, a therapist, or perhaps an attorney or realtor? Temple Beth El members are a great business resource.

Promote your business in our Member Business Directory for just \$36 for the year. Contact TBE at 774-2649 for more information.



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PORTLAND CHEVRA KADISHA



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one Jew caring
for another*

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TEMPLE BETH EL שופר

SHOFAR

SUBMISSION DEADLINE
for the March - April 2013 issue

Tuesday, January 22, 2013

Please submit material via e-mail
as text in the body of the message or as
an attached Microsoft Word document
to office@tbemaine.org.

Temple Beth El reserves the right to edit all material.